

# PARENT GUIDE TO REMOTE LEARNING

STARTS FEBRUARY 4th, 2021

The Office of Congressman Espaillat (NY-13) and the Manhattan Borough/Citywide Office of the Department of Education have incorporated ideas on how to best support the transition to remote learning to parents in Manhattan. As a result, we've outlined a Program, where each week we will offer ZOOM Online Training to those Parent/Caregivers in need of assistance.

## MANHATTAN BOROUGH/CITYWIDE OFFICE REMOTE LEARNING SUPPORT FOR PARENTS/CAREGIVERS

### 1. Navigating Remote Learning

- February 4th | 5:00PM - 6:30PM
- February 11th | 5:00PM - 6:30PM

THIS WEEK

### 2. Supporting Families in Navigating Remote Learning for Students with Disabilities

- February 25th | 5:00PM - 6:30PM
- March 4th | 5:00PM - 6:30PM

### 3. Supporting Families in Navigating Remote Learning for Multilingual Learners

- March 9th | 5:00PM - 6:30PM
- March 18th | 5:00PM - 6:30PM

### 4. Supporting Families with Stress Management during Remote Learning

- March 23rd | 5:00PM - 6:30PM
- April 8th | 5:00PM - 6:30PM

### 5. Supporting Families in Fostering Student Independence during Remote Learning

- April 15th | 5:00PM - 6:30PM
- April 22nd | 5:00PM - 6:30PM

### 6. Supporting Families of Students with a Disability in Fostering Student Independence during Remote Learning

- April 29th | 5:00PM - 6:30PM
- May 6th | 5:00PM - 6:30PM

### 7. Supporting Families by Strengthening Coping Skills through Mindfulness

- May 12th | 5:00PM - 6:30PM
- May 20th | 5:00PM - 6:30PM

FOR ASSISTANCE, REACH OUT TO:



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OR



**Marisol C. Rosales**  
Manhattan Executive  
Superintendent



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