



2020 Miles for Stuy November 5K Class Challenge

All students, families, and friends of Stuyvesant High School are welcome to participate in this newly launched 5K race! You can run or walk the distance of the race anywhere during the period **November 16 -21**. There is no cost for students to join a virtual class team based on their graduating year at Stuy- Family and friends pay a \$15 to participate or per participant pledge. Please register using [this link](#). The team with the most finishers wins the November 5K Challenge!

In addition, you can show your Stuy Pride by purchasing a NEW Miles for Stuy Team Spirit T-Shirt by clicking [here](#). Don't forget to post a picture wearing your t-shirt on one of Stuy's social media accounts on Facebook or Instagram with the hashtag (**#MilesforStuy**).



HOW TO JOIN YOUR TEAM AND LOG YOUR MILES ON STRAVA

1. Create a personal login and profile on <https://www.strava.com/> and join a team:
 - a. Stuy 2021 team <https://www.strava.com/clubs/763376>
 - b. Stuy 2022 team <https://www.strava.com/clubs/763374>
 - c. Stuy 2023 team <https://www.strava.com/clubs/760381>
 - d. Stuy 2024 team <https://www.strava.com/clubs/763373>
2. Join November 5K Challenge <https://www.strava.com/challenges/November-5k-2020>
3. Manually log in your miles and finish time on the Strava website or download the Strava app onto your smartphone to track your activity
4. Check your profile and ensure your Activity privacy settings are marked "Everyone" to count towards the Challenge goal.

Settings	Privacy Controls
WHERE YOU APPEAR	WHO CAN SEE
Profile Page	Everyone >
Activities	Everyone >
Group Activities	Everyone >
Flybys	Everyone >